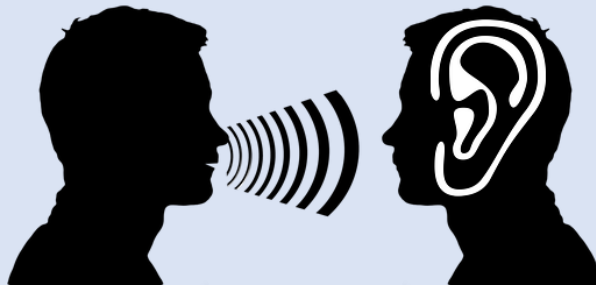


### General Strategies

- Make sure the child has stopped what they are doing before you give an instruction
- Say their name before giving an instruction
- Encourage the child to look at you when you are talking to them.
- Use visuals and gestures to support what you are saying
- Give one instruction at a time
- Give specific direct instructions such as "Feet still. Bottom on chair" rather than "Stop fidgeting."
- Praise good sitting and good listening
- Make sure activities are matched to the child's abilities
- Use your voice to maintain their attention by varying its pitch, tone and volume.

## Supporting Children with Attention and Listening



### Teach the Rules of Good Listening

- Sit Still
- Look at who is talking
- Listen to the words

Display visuals to remind children to do good listening

## ACTIVITIES

### Early Years

- Ready, Steady Go Games
- Musical Bumps/Chairs/Statues
- Anticipation Games
- Animal Lotto – when they hear the noise an animal makes, they have to match it
- Sing Nursery Rhymes with actions
- Hide a noisy toy and ask them to try and find it

### Older Children

- "I went to the shops and I bought..."
- If they want to speak, they have to hold the toy
- Place items under a tea towel, remove one and guess which is missing
- Pass the blink
- Chinese Whispers
- Listen to the story and do an action when you hear certain words
- Build a story and each person

### If the child is able:

Talk to them about how you understand this is difficult for them and agree one specific behaviour to work on such as staying in their seat. Talk about strategies and ways that you can support them to do this. Agree a timescale. Support them to identify behaviour targets, things that will help them and a timescale. Reward them each time they meet a new target.

**MAKE  
LEARNING  
FUN**